



## Stage Positioning

It is important for the dancer to be aware of direction, travel and positioning when learning and performing dances.

The following can refer to stage placings (e.g. where to stand, face, etc) as well as movements to those particular directions (e.g. run to LDF) and are universal across ballet, tap, modern, street and other styles of dance.

NOTE: positioning is always based on as if you were actually performing on stage. Therefore if you are watching/directing a performance right and left is reversed, as shown below.

Right Diagonal Back or Upstage Right (RDB)	Upstage	Left Diagonal Back or Upstage Left (LDB)
Stage Right	Centre Stage	Stage Left
Right Diagonal Front or Downstage Right (RDF)	Downstage	Left Diagonal Front or Downstage Left (LDF)

**Audience / Front of House (FoH)**