



Ballet - Directions and Travel

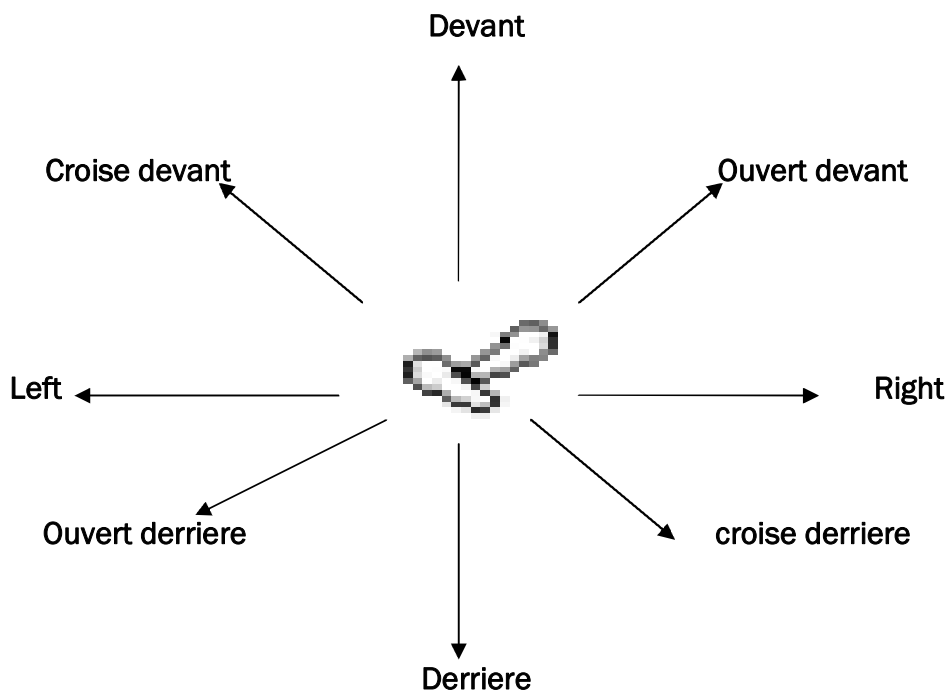
Directions

These positions are stationary, meaning either a position or step at the front or with the front foot.

Devant – at the front

Derriere – at the back

Based on your feet being in 3rd position with R foot in front the following would apply:



Other directional terms

Ouvert – Open position or move

Croise – Crossed position or move

En dedans – coming in

En dehors – going out

Dessous - Under

Dessus - Over

Travelling

This is a movement in a particular direction; the term refers to the direction of travel and what movement the step was started with. These steps are not stationary such as the terms devant and derriere, they travel.

En avant – travelling to the front

En arriere – travelling to the back

Based on your feet being in 3rd position, R foot in front, the following would apply:

